

smiths

s p o r t s s h o e s

Major Spot
Prize

asics

new balance

mizuno

adidas

BROOKS

Fast Course

22nd NORTH ISLAND CROSS COUNTRY CHAMPIONSHIPS

Spa Park Taupo
Saturday July 4 2009

Approved by Athletics Waikato Bay of
Plenty and run under Athletics NZ rules

Athletics New Zealand
Sanctioned Event No. WBP 925

VENUE

Spa Thermal Park end of Spa Road, Taupo.
Follow signs from SH1.

PRIZES --- Total value \$3000

Major accommodation spot prize.

Training grants (to value of \$1400) and prizes.

Medals and certificates for 1st, 2nd, 3rd in each grade. Masters
grades in 5 year age groups.

Cup for the top club and trophy for top centre.

TIME

First race at 11.30 am.

Prize giving at the Taupo Events Centre, AC Baths 4.30 pm.

ENTRIES

The event is open to all athletes. To be part of a club or
interprovincial team you must be registered with an Athletics New
Zealand affiliated club. For club information and championship
events open to registered athletes see www.athletics.org.nz.

A late fee of \$10 per entrant applies to all entries received
after Monday 29 June. No late entries will be accepted after 11
am on race day.

Please make cheques payable to "Taupo Harrier Club" and post
with entry form to:

**NIXCC Race,
Taupo Harrier Club,
PO Box 1112,
Taupo**



Taupo Harriers



80's, 90's and Now!



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Event enquiries:

Sam Tock

Ph: 07-378-9522

Email: samtock@vodafone.co.nz

smiths
sports shoes

YOUR SPORT SHOE EXPERTS
10 Heuheu St Taupo

Event Specials
30 - 50% off
at Spa Park

2009 NORTH ISLAND CROSS COUNTRY CHAMPIONSHIPS

ENTRY FORM

To be completed by club secretary or individual and returned to:
 NIXCC Race
 Taupo Harrier Club
 PO Box 1112
 TAUPO



BLOCK LETTERS ONLY. PLEASE COMPLETE APPROPRIATE COLUMN FOR EACH ENTRANT.

CLUB NAME:				COPY OF PROVISIONAL RESULTS (Y/N):			
CONTACT PERSON:				PHONE:		EMAIL:	
OFFICIAL USE ONLY	FIRST NAME	SURNAME	AGE ON RACE DAY	DATE OF BIRTH	GRADE	REGISTERED RUNNER (Y/N)	FEE (\$)
TOTAL							\$

GRADES

Ages at 31 December 2009

B10 or G10 (Boys & Girls 10 - aged 10 and under - born in 1999 or later)
B12 or G12 (Boys & Girls 12 - aged 11, 12 years - born in 1997 or 1998)
B14 or G14 (Boys & Girls 14 - aged 13, 14 years - born in 1995 or 1996)
M16 or W16 (Men & Women 16 - aged 15, 16 years - born in 1993 or 1994)
M19 or W19 (Men & Women 19 - aged 17 to 19 years - born in 1990 to 1992)
SM or SW (Senior Men & Women – aged 20 to 34 – born 1976 to 1989)

Ages on race day

MM35-39 or MW35-39 **MM40-44 or MW40-44**
MM45-49 or MW45-49 **MM50-54 or MW50-54**
MM55-59 or MW55-59 **MM60-64 or MW60-64**
MM65-69 or MW65-69 **MM70+ or MW70+**

Page of pages. If necessary please copy more forms.

EMAIL ENTRIES WILL BE ACCEPTED ONLY ON THE OFFICIAL TEMPLATE FILE, PLEASE DOWNLOAD THIS AT www.taupoharriers.org.nz/nixcc.html



2009 CHAMPIONSHIP PROGRAMME

No.	GRADE	DISTANCE	START TIME	LAP ORDER	ENTRY FEE
1.	Taupo Harrier Club Girls 10	1000 m	11.30	1000	\$5
2.	Taupo Harrier Club Boys 10	1000 m	11.40	1000	\$5
3.	Taupo Harrier Club Girls 12	2000 m	11.50	2000	\$5
4.	Taupo Harrier Club Boys 12	2000 m	12.00	2000	\$5
5.	Burger Fuel Girls 14	3000 m	12.10	3000	\$10
6.	Scenic Cellars Masters Men (35-49)	6000 m	12.20	3000/3000	\$20
7.	Bayview Chateau Tongariro Masters Women	5000 m	12.40	3000/2000	\$20
8.	Burger Fuel Boys 14	3000 m	1.05	3000	\$10
9.	Classic Hits 96.7 FM Lakeland Women 16 and 19	4000 m	1.20	2000/2000	\$20
10.	Hirepool Men 16 and 19	5000 m	1.35	3000/2000	\$20
11.	McPhail Grahame Motors Masters Men 50+	6000 m	1.50	3000/3000	\$20
12.	Smiths Sports Shoes Senior Women	5000 m	2.15	3000/2000	\$20
13.	Smiths Sports Shoes Senior Men	9000 m	2.45	3000/3000/3000	\$20

Late entry fee of \$10 per athlete applies after Monday 29 June and to all entries on race day

event specials
30 - 50% off
at Spa Park on race day
& at shop Sat/Sun



EVENT INFORMATION

- The event is open to all athletes. To be part of a club or interprovincial team you must be registered with an Athletics New Zealand affiliated club. For club information and championship events open to registered athletes see www.athletics.org.nz.
- Ages: Master ages are on the day – 5 year age groups. For all other grades it is the age at 31 December 2009.
- Race numbers must be worn on the front of singlets.
- It is your responsibility to enter and run in the correct grade, and wear the correct number.
- Race packs will be available on Friday night from Taupo Harriers clubrooms opposite AC Baths at 6 – 8 pm. On Saturday at the registration tent at Spa Park (9.30 -11 am). Unclaimed numbers will be at the Soundbus. Registration will close at 11 am sharp!
- Clubs are encouraged to bring their own tents. Toilets are available at the park and the prize giving venue.
- Prize giving will be held at Taupo Senior Citizens Hall, Story Place from 4.30 pm.
- Competitors will be issued with tickets that can be exchanged for a hot drink and muffin.
- There is an annual competition for the Club Cup, won on the basis of a Club's best three places in each grade. Only registered runners can contribute to a club's score.
- There is an annual competition for the Centre Trophy, won on the basis of the best three places over Senior, Masters and 16/19 grades. Registered runners are automatically entered for their centre.
- Separate grade placings for M16 and W16 and Masters grades (in 5 year age groups) will be awarded in races with more than one grade. If you do not state your age grade, you will be entered in the unfavourable age grade for your race.
- Massages will be available at Spa Park.
- Preliminary results will be available the following day at www.taupoharriers.org.nz.

Training Grants

Senior Men & Senior Women (1st \$200, 2nd \$100, 3rd \$50)
Men 16 and Women 16 (1st \$100, 2nd \$50, 3rd \$25)
Men 19, Women 19 (1st \$100, 2nd \$50, 3rd \$25)

Major Spot Prize

One nights accommodation and buffet breakfast for two at the Bayview Chateau Tongariro at Mt Ruapehu.



BAYVIEW CHATEAU TONGARIRO
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